



# A step back in time

SPIRITUAL RETREAT FOR SECONDARY SCHOOL STUDENTS

St. Enda's Park, Rathfarnham

**"In nature, you are truly free"**

PADRAIG PEARSE

Lighting the way for  
young hearts and minds.

**We shine bright when  
we shine together.**

## Step into sacred ground

Join us for a day of peace, history, and personal connection in the stunning grounds of St. Enda's Park, a sanctuary of natural beauty and historical richness. Where Padraig Pearse lived and operated his pioneering irish-speaking school from 1910 to 1916.

Let the spirit of the past empower your present. Discover how deeply your roots connect to the land, history, and each other.

### What the day includes:

- A guided tour of the Pearse Museum, home and school, once home to Padraig Pearse's progressive school, where nature and freedom were at the heart of learning
- A walk among the follies, charming structures scattered throughout the park that ignite the imagination and evoke Ireland's layered past
- Time for meditation and reflection in serene surroundings
- Space to breathe, connect, and have fun
- Activities to promote mindfulness, spiritual and social awareness

### Retreat details:

**Location:** St. Enda's Park, Rathfarnham

**Meet at:** Car park on Sarah Curran Avenue at 10:15am

**Finishes:** Approximately 2:00pm

- Suitable for all secondary school age groups
- Inclusive for all beliefs - and none

### Why schools choose shine bright:

- Thoughtfully designed to support student wellbeing
- Rooted in tradition, but relevant for today's teens
- And of course the friendliest facilitators
- An enriching day that students remember

### contact us

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